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FIRST DAY OF THE INTERNSHIP DURING COVID-19? (NURSE STUDENT EXPERIENCE FROM TURKEY)

It was the first day of internship. Nurses tell us to take vital signs from patients. We were the first student nurses which has internship during pandemi. Patients were so anxious. They were afraid of the virus. I thought that if I stay strong, they will feel strong. And I did it. It worked.

As a spiritual experience, I felt so nerveous. I thought I shouldn't touch my patient. Because all the media, health care professionals say this rule. Have a distance at least 1.5 m . This was impossible for us, nurses, patients need therapeutic touch. It helps patient for fast treatment.

As a result, I was aware of complicated emotions that I have and also my patients as well. Each of patients have different beliefs and diferent solutions for the crises. Most importantly, we should respect their view of point. As a nurse we should encourage patients to speak about spiriutal needs. Maybe they need pray for the god, have a call with their children, or even have a speech etc. We should be a good listener. Nurses are the key for dealing emotions that patients have.

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